



From the Pee Wees to the Pros: Working with Athletes of All Ages

***Saturday, June 14th, 2008
Sheraton Hotel, Springfield, MA***

From the Pee Wees to the Pros is the theme of the 24th Annual Conference on Counseling Athletes. This year's program includes workshops and presentations from an outstanding group of coaches, physical educators, athletic counselors, sport psychologists, and other professionals, highlighted by an opening keynote address by Dr. Don Hellison. We are certain that you will find the conference both informative and enjoyable, and welcome your participation and contributions.

Schedule of Presenters:

**Please note that the schedule is subject to change.*

- 8:00 – 9:00 AM** Continental Breakfast and Registration
- 9:00 – 9:15 AM** *Welcome Address*
Dr. Al Petitpas, Springfield College Center for Youth Development and Research
Gabe Bernstein, Conference Co-coordinator
- 9:15 – 10:15 AM** Dr. Don Hellison, University of Chicago, Illinois
Interrogating the Positive Youth Development through Sport Bandwagon
- 10:30 – 11:45 AM** Dr. Mitch Abrams, Learned Excellence for Athletes
Dealing with the "Bad" Emotions in Sport

Kelly O'Brien, Springfield College Center for Youth Development and Research & Dr. Ted France, Springfield College
In Their Own Words: An Evaluation of a Student-Athlete Leadership Program

Maria Ryan, Capella University
Overtraining and Burnout in Child and Adolescent Athletes: Guidelines for Recognition
- 11:45 – 12:45 PM** Lunch on Your Own
- 1:00 – 2:00 PM** Dr. Jaime Jenkins, University of Florida Counseling Center
The Examination of Relational Health, Stress, and Coping, and Athlete Satisfaction among Female College Athletes

Kiecha McCrae and Jim Presbrey, Academics In Motion
A Comprehensive On-Site Mentoring Program for High School Students: The Student-Athletes' Perspective

Dr. Kelly VanGorden, Bloomsburg University
Walk a Mile in Their Cleats

2:15 – 3:30 PM

Dr. Mitchell Levy, Suffolk County Community College
A Review of the Iona College P.A.S.S. (Promoting Academic Success of Student-Athletes) Program

Dr. John McCarthy, Institute for Athletic Coach Education, Boston University
Team Support: Teaching Responsibility at Boston English High School

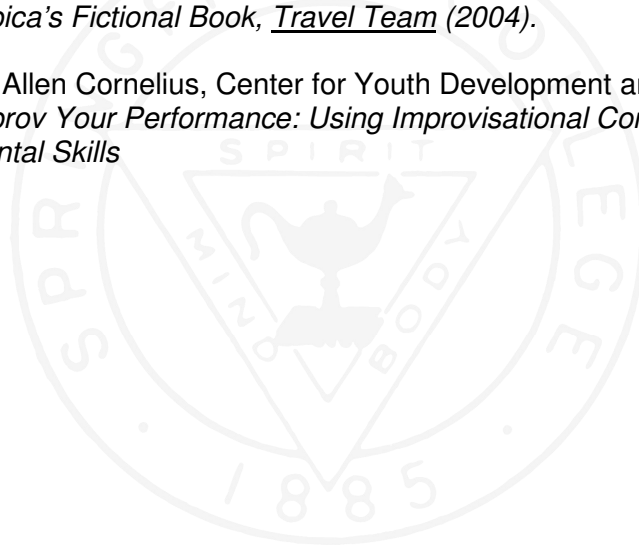
Dr. Vernon Percy, University of Connecticut, Storrs
Understanding Youth Identity Development through Lived Experience: Embodying the Sport Experience

3:45 – 4:45 PM

Leslie Barnes, Duke University
Leadership 101: Challenging TODAY'S Educators to 'Model the Way' in Developing TOMORROWS Student-Athlete Leaders

Dr. Andrea Corn, St. Thomas University
Looking at Parental Influences, Peer Relationships, and Psychosocial Theory as It Pertains to Early Adolescent Male Development as Portrayed in Michael Lupica's Fictional Book, Travel Team (2004).

Dr. Allen Cornelius, Center for Youth Development and Research
Improv Your Performance: Using Improvisational Comedy Techniques to Teach Mental Skills





24th Annual Conference on Counseling Athletes

Name: _____

Affiliation: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: (D) _____ (E) _____

Email: _____

Registration Information

Conference Registration Fee:

Professional: _____ \$55 Student: _____ \$40 Athletic Counseling Alum: _____ \$30 _____ grad yr

Want gear?

In honor of the 25th Anniversary of the Athletic Counseling program, you may also purchase a commemorative long sleeve tee! Shirts are grey w/maroon writing. ("Athletic Counselor" down the sleeve, SC logo on left chest, and "25 Years in the Making" with design on back) Cost is \$25 each. To order, please indicate size below.

S Med. Large X-Large

****Payment: MUST BE received by May 16th if you plan to order a tee-shirt.****

Total Amount Enclosed \$ _____

Check (Payable to Springfield College)

Visa Master Card Discover American Express

Card Number: _____ Exp. Date: _____

Name on Card (Print): _____

Signature of Cardholder: _____

Billing Address: _____

City: _____ State: _____ Zip Code: _____

Conference registration fees include program materials and a continental breakfast. Please send completed registration form and payment to:

**Business Office
Springfield College
263 Alden St., Springfield, MA 01109**

*If paying by Credit Card, you may also fax to 413-731-3413.

A confirmation email will be sent upon receipt of registration and payment.

Refunds, less 20%, will be made for cancellations received prior to the start of the conference. The Conference Committee reserves the right to limit or cancel this program.

Receipt Code: 703

Conference and Hotel Information

The Conference will be held at the Springfield Sheraton, One Monarch Place, Springfield, MA, 01144. While we did NOT hold a block of rooms, you can make overnight accommodations by contacting the Sheraton at (413)781-1010. Parking is also available at the hotel for a daily or overnight rate.

Other hotels in the area include:

Springfield Marriott: (413) 781-7111

Hilton Garden Inn: (413) 886-8000

Holiday Inn: (413) 781-0900

Conference Attire is business casual.

Travel to the Springfield Sheraton Hotel

Attendees should use the Hartford/Springfield Bradley International Airport. The Valley Transporter shuttle service is available for travel from the airport to the Springfield area. Reservations must be made in advance. Please call (800)872-8752 or go to www.valleytransporter.com

The Springfield Sheraton is also located less than 1 mile from the Springfield Amtrak Station (800-USA-RAIL) and the Peter Pan Bus Station (413)781-3320.

Questions?

Please contact one of the conference coordinators:

Gabe Bernstein: (P) 413-748-3325

gabebernstein@gmail.com

Kelly O'Brien: (P) 413-731-3408 x102

kaobrien@spfldcol.edu