

SUMMER FUN FOR YOUTH & ADOLESCENTS

LEARN SPORTS AND FITNESS FROM EXPERTS



Western Mass. Collegiate Football Camp

Springfield College Head Football Coach Mike DeLong, who has been GTE, Freedom Conference, and New England Coach of the Year, will team up with Longmeadow High School Superbowl Team Coach Alex Rotsko to teach the football skills that have made their teams champions.

For Boys: Group A – Grades 4-6
Group B – Middle School
Group C – High School
When: June 30-July 3, 6-9 p.m.
Where: Springfield College, Stagg Field
Cost: \$110 (team discounts available)



Gymnastics & Fitness Camp

Springfield College Men's Gymnastics Coach Stephen Posner, coach of 123 gymnastics All-Americans, will provide a fun-filled introduction to the sport of gymnastics, along with fitness activities, including swimming. Join the three-time Coach of the Year and his expert staff of Springfield College gymnastics professionals and students.

For: Boys & Girls, Ages 6-17
When: July 27-31, 1/2 day and full day options available
Where: Springfield College P.E. Complex & Natatorium
Cost: \$120 - 1/2 day (sibling discounts available)
\$249 - full day (sibling discounts available)

Elite Soccer Overnight Camp

Springfield College Head Men's Soccer Coach Peter Haley and his assistants will teach the four corners of performance development with physical, technical/tactical, psychological and social education, training and testing. Learn through on-field instruction and interactive classroom seminars that are fun and challenging.

For: Boys, Ages 14-18
When: July 9-12
Where: Springfield College Irv Schmid Sports Complex
Cost: \$375 (includes housing and all meals)

Soccer Team Camp for Boys

Under Springfield College Head Men's Soccer Coach Peter Haley, high school teams will practice and compete, preparing technically, tactically, psychologically and socially for the season ahead.

For: High School Teams
When: Aug. 10-13, 5:30-8:30 p.m.
Where: Springfield College Irv Schmid Sports Complex
Cost: \$125



Boys & Girls Soccer Day Camp

Springfield College men's and women's soccer coaches Peter Haley and John Gibson will teach the individual and team skills and strategies that have led their teams to championship matches. Gibson's team secured a D-III national ranking, and Haley has been NEWMAC Coach of the Year.

For: Boys & Girls, Ages 8-15, Beginner & Intermediate, grouped by age and experience
When: Aug. 10-14, 9 a.m.-3:45 p.m.
Where: Springfield College Irv Schmid Sports Complex
Cost: \$259 (sibling discounts available)



Softball Camp

Springfield College Head Softball Coach Kathy Mangano, three-time conference Coach of the Year and two-time NEWMAC Coach of the Year, will lead an expert staff as they teach softball strategies and skills that have led her teams to winning seasons and the NCAA Tournament. Facilities include grass and FieldTurf fields, indoor/outdoor batting cages, and a skinned infield softball diamond. Recreational swimming is included.

For: Girls, Ages 7-17
When: July 13-17, 9 a.m.-3 p.m.
Where: Springfield College Athletics Facilities
Cost: \$249 (team discounts available)



Basketball Camp

Springfield College Head Women's Basketball Coach Naomi Graves will teach the skills that have made her teams successful. Boys and girls will learn new techniques and how to improve their skills. The expert coaching staff will stimulate campers' personal goals and development as well-rounded players. Each player will receive individual attention and equal time in five-on-five and half-court games.

For: Boys & Girls, Ages 7-17
When: July 13-17
Cost: \$249 (group discounts available)

For information and to register by telephone, call 413-748-5287.

These camps must comply with the regulations of the Massachusetts Department of Public Health and be licensed by the local board of health.



SPRINGFIELD COLLEGE

