



SPRINGFIELD COLLEGE ATHLETICS

Women's Gymnastics

2012



sophomore
Jennifer Habeeb

Fast Facts:

- ▼ Five Springfield College gymnasts qualified for the National Collegiate Gymnastics Association (NCGA) All-Americans in 2011. **Brittany Baglow** earned First Team All-America status on beam.
- ▼ The Pride won the NCGA Division III championship in 1996 as a team, its first appearance in the event.
- ▼ Head coach **Cheryl Raymond**, who is entering her 33rd season, is one of the top college coaches in the region.
- ▼ In the last 13 seasons, Pride gymnasts have received All-America honors 24 times, four of them as national champions.
- ▼ Springfield College's famous gymnastics exhibition show, the highlight of Homecoming Weekend, attracts more than 3,000 spectators each fall.
- ▼ Affiliations: National Collegiate Gymnastics Association (NCGA), Eastern College Athletic Conference (ECAC)
- ▼ Home Facility: Blake Arena



SPRINGFIELD COLLEGE

263 Alden Street
Springfield, MA 01109-3797
Tel: (413) 748-3136 or (800) 343-1257
TTY: (413) 748-3383

www.springfieldcollege.edu

Contact Information:

Head Coach: **Cheryl Raymond**
Office: PE Complex, Room 125
Telephone: (413) 748-3363
E-mail: craymond@spfldcol.edu

HEAD COACH Cheryl Raymond

▼ Education

- Bethany College '74
- Springfield College G '82

▼ Meet Director

- NCAA Championships ('82, '84, '85)
- NCGA Championships ('00, '10)
- ECAC Division II Championships ('88, '91, '95, '99, '04)
- Co-Director USGF National Collegiate Championships ('88, '92, '93) at Blake Arena
- Co-Director Northeast Regional Championships ('82)

▼ Memberships

- NACG Women's Technical Committee and Executive Committee (6 years)
- Division III NCAA representative (six years)
- Division II representative on the first NCAA Women's Gymnastics Committee (six years)
- Former chairperson of the USA National Collegiate Gymnastics Rules Committee ('89-'96)
- Former chairperson of the ECAC Women's Gymnastics Committee

Cheryl Raymond, who will be entering her 33rd year as women's gymnastics coach and assistant professor of physical education at Springfield College in 2011, is one of the top college coaches in the region.

The 2010 season was highlighted by Springfield College serving as host for the National Collegiate Gymnastics Association (NCGA) Division III National Championships. The Pride finished third at the Eastern College Athletic Association (ECAC) championships to receive an automatic berth into the national event, where it placed fifth as a team. Individually, **Christina Pagella** was the national runner-up on the vault, while **Audrey Lastra** tied for third on the balance beam as they both earned first-team All-America honors. **Ericca Castagna** also took sixth on the vault as she earned All-America accolades for the second straight season.

In 2009, Castagna became a second-team All-American in the vault at the NCGA Division III National Championships. Springfield College had sent four individuals to the NCGAs. As a team, Springfield College placed fifth in the ECACs.

In 2008, three of her gymnasts became second-team All-Americans at the NCGA Division III National Championships. They included **Jacqui Mazzola** and **Brittany Davis** in the vault, and **Jeanna Bradle** in the uneven parallel bars. The Pride sent nine individuals to the NCGAs.

In 2007, three Pride gymnasts earned All-America honors at the NCGAs. One, sophomore **Audrey Lastra**, earned three All-America honors, and set the school record for the all-around [38.25]. The team won six straight meets in the middle of the season, finished with an 8-2 record, and placed fourth at the ECAC Division III championships.

During the 2006 season, Springfield College posted wins against Massachusetts Institute of Technology, State University of New York at Cortland, and Brockport. The Pride finished fifth at the ECAC Division III championships and qualified five gymnasts to compete at the NCGAs.

In 2005, the Pride recorded wins against MIT and Brockport. The Pride finished fifth at the ECAC Division III championships, and qualified five gymnasts to compete at the NCGAs. The 2004 campaign included a thrilling season-opening victory over Division I Yale, and wins over top Division III programs in Wisconsin at Oshkosh, SUNY at Cortland, and Ithaca. The Pride's 8-10 overall mark was somewhat deceiving as four of the losses were to Division I or Division II programs.

In 2002, the Pride capped a strong season by finishing sixth at the NCGAs. Springfield College, which hosted the 2000 national championships, also placed first in 1996, third in 1997 and 2000, fifth in 1998, and sixth in 1999.

The Pride captured the ECAC title in 1993 and 1999, and finished eighth at the 1992 U.S. Gymnastics Federation (USGF) National Collegiate Championship and sixth in 1993. In 1982, Raymond's squad captured the NCAA regional tournament championship and placed fifth at the NCAA Division II championship.

In 1991, Raymond was honored as an original member of the NCAA Women's Gymnastics Committee at the organization's 10th Anniversary of Women's Athletics banquet. She is also the former chairperson of the ECAC Women's Gymnastics Committee.

Raymond is codirector of Springfield College's popular gymnastics exhibition, which annually attracts more than 3,000 spectators during Homecoming Weekend.

All-Americans

- ▼ Patti Corrigan: 1969-AA, FX, BB, UB, V; 1970-AA, BB, UB, V; 1971-AA, UB, V
- ▼ Judi Markell: 1969-BB; 1971-FX; 1972-BB
- ▼ Lucy Miller: 1970-BB; 1971-AA
- ▼ Kate Rafferty: 1971-BB, UB; 1972-BB
- ▼ Bonnie Corrigan: 1972-UB
- ▼ Debbie Dunkley: 1972-BB, FX, UB; 1973-BB, FX, UB; 1975-BB
- ▼ Katherine Kolemainen: 1973-BB; 1974-V
- ▼ Stephanie Jones: 1975-UB
- ▼ Carla Everback: 1978-BB
- ▼ Linda Thompson: 1978-FX
- ▼ Lori Tranghese: 1978-AA, FX
- ▼ Tara Brady: 1992-V, BB; 1993-FX
- ▼ Leslie Bush: 1992-BB; 1993-FX
- ▼ Kristen Coates: 1993-FX
- ▼ Meg Geddes: 1993-UB
- ▼ Sarah Bryson: 1996-FX, UB
- ▼ Tammy Cutrumbes: 1996-Floor
- ▼ Kim Golz: 1996-UB
- ▼ Jen White: 1996-UB; 1997-UB
- ▼ Cathy Thompson: 1998-UB
- ▼ Shanna Larocque: 1999-AA, FX, V; 2000-FX, UB; 2001-FX
- ▼ Gina Gutierrez: 2000-V; 2002-V
- ▼ Lisa Barrett: 2000-UB
- ▼ Audrey Lastra: 2007-AA, BB, UB; 2010-BB
- ▼ Jacqui Mazzola: 2007, 2008-V
- ▼ Kristen Fairburn: 2007-UB
- ▼ Brittany Davis: 2008-V
- ▼ Jeanna Bradle: 2008-UB; 2010-V
- ▼ Errica Castagna: 2009-V; 2010-V
- ▼ Christina Pagella: 2010-V
- ▼ Brittany Baglow: 2011-BB

School Records

- ▼ **Vaulting:** Score-9.70, Lisa Riedman (1997) ▼ **Uneven Bars:** Score-9.65, Meg Geddes (1993)
- ▼ **Balance Beam:** Score-9.75, Sarah Dyer (1996) ▼ **Floor Exercise:** Score-9.825, Shanna Larocque (2001)
- ▼ **All-Around:** Score-38.250, Audrey Lastra (2007) ▼ **Team:** Score-186.650, vs. MIT w/ So. Conn. (2004)

National Champions/Olympian

- ▼ **Patti Corrigan** (uneven bars, vaulting), 1971 ▼ **Tara Brady** (vaulting), 1992 ▼ **Sarah Bryson** (floor), 1996
- ▼ **Kim Golz** (bars), 1996 ▼ **Shanna Larocque** (vault), 1999 ▼ **Gina Gutierrez** (vault), 2000
- ▼ **Kathy Corrigan**, 1964 Olympian

National Championships

- ▼ **AIAW National Champions:** 1969, 1970 ▼ **NCGA Division III National Champions:** 1996

2012 Roster

Name	Cl.	Event	Hometown/Club
Brittany Baglow	Jr.	AA	Amherst, Mass./Hampshire Gymnastics
Nicole Cardonna	Fr.	V, UB, BB	Lynnfield, Mass./Gym & More
Abby Clark	Fr.	AA	Holderness, N.H./Evergreen Gymnastics
Carly Flynn	Sr.	AA	Franklin, Mass./GTC
Megan German	Sr.	UB, FX	Spencer, Mass./Giguere Gymnastics
Annmarie Graziosa	Jr.	V, BB, FX	Eastchester, N.Y./YWCA Tumblettes
Jennifer Habeeb	So.	AA	Peabody, Mass./Yellow Jackets Gym
Kristina Lantos	Sr.	V, BB	Norton, Mass./Rising Starz Gymnastics
Sarah Libuda	Fr.	V, BB, FX	White River Jct., Vt./Northern Lights Gymnastics
Michelle Markel	Fr.	V, BB, FX	Torrington, Conn./Northwest Gymnastics
Rachel Mattison	Fr.	V, UB, FX	Andover, Mass./Interstate Gymnastics
Keelen O'Connell	So.	BB, UB	Pembroke, Mass./NESA
Sarah Perry	So.	UB, FX	Collinsville, Ill./World Class Gym
Lauren Pocius	Fr.	AA	Wallingford, Conn./Connecticut Gymnastics Academy
Morgan Whitehead	Fr.	AA	Darien, Conn./Darien YMCA

Head Coach: Cheryl Raymond (32nd season, Bethany '74, Springfield G'82)

Assistant Coaches: Alice Efland '08, Keith Stumpf G'12, Audrey Lastra '10

Captains: Carly Flynn '12, Megan German '12, Kristina Lantos '12

2011 Results

January

9	Yale	L, 171.150 - 175.875
15	at West Chester	4th of 4 w/175.625 pts.
22	at Brockport Invitational	4th of 4 w/177.000 pts.
30	Ithaca	L, 181.400-182.575

February

6	at Cortland	L, 179.75-184.20
12	at Bulldog Invitational	3rd of 3 with 178.950 pts
20	Southern Connecticut, MIT	2nd of 3 w/182.975 pts.
25	Rhode Island College	W, 183.350-163.175

March

05	at ECAC Div. III Championships	
	at Cortland	5th of 7 w/183.150 pts.
25	at NCGA Championships	Complete Results
26	at NCGA Championships	Complete Results

Home meets in **Bold**



junior
Annmarie Graziosa



The women's gymnastics team competes in the 2,000-seat Blake Arena located in the Physical Education Complex. Gymnasts train in Kresge Gym, a fully equipped, air conditioned top-notch facility. Team members practice and compete on the most up-to-date equipment, including an AAI Palmer Spring Floor, two AAI pommel horses, three sets of AAI parallel bars, two AAI high bars, two sets of AAI rings, and a spring-loaded AAI vaulting table. Two above-ground free foam safety pits are used for development of new skills on the high bar, rings, parallel bars, floor, and vault.



A Proud Tradition

The sport of gymnastics has a special, historical place at Springfield College. The College's program is successful competitively and has a storied legacy.

Legendary coach **Diane Potter** started the program in 1964. In nine of its first 10 seasons of intercollegiate competition, the Pride was undefeated, including six consecutive years from 1968 to 1974 under coach **Mimi Murray**. Springfield College won Association for Intercollegiate Athletics for Women (AIAW) national crowns in 1969, 1972, and 1973. Murray is still a member of the U.S. Gymnastics Federation Executive Board and was inducted into the Springfield College Athletic Hall of Fame in 1993.

One of Springfield College's top gymnasts was Olympian **Kathy Corrigan Ekas**. In 1987, Corrigan was the first woman selected to the Springfield College Athletic Hall of Fame; in 1989, Potter became the second female honoree. All-American gymnasts **Judith Markell** (the former women's gymnastics coach at Penn State and the University of Florida) and **Patti Corrigan Dunne** were inducted into the Springfield College Athletic Hall of Fame in 1995 and 1997, respectively.

Coach **Cheryl Raymond** has enjoyed considerable regional and national success. Since 2000, Springfield College gymnasts have received All-America recognition 15 times. In 2000, **Gina Gutierrez** earned the National Collegiate Gymnastics Association (NCGA) Division III vault championship, succeeding the Pride's **Shanna Larocque** who had earned the honor the year before.

After moving to Division III for the 1995-96 season, the Pride won the NCGA championship in its first appearance in the event in 1996. Springfield College became the first school east of Chicago to win the NCGA crown in the competition's 13-year history. Springfield College also won the 1999 Eastern College Athletic Conference (ECAC) Championship.

Aside from producing some of the nation's finest female gymnasts, Springfield College has also given the sport outstanding coaches and officials and has been the site of numerous regional and national competitions, including the 2000 and 2010 NCGA Division III national championships.

Women's gymnastics at Springfield College offers student-athletes other unique opportunities to shine. The famous Springfield College gymnastics exhibition show—better known as the Home Show—takes place annually during Homecoming Weekend in the fall. In 2009, Springfield College celebrated the 100th showing of the exhibition, highlighted by the first all-female tableaux. In the past, the gymnastics programs have performed at the Naismith Memorial Basketball Hall of Fame for special gatherings of basketball legends, politicians, and business leaders, as well as for the 2006 NCAA Division III Women's Basketball Championships Final Four banquet.

2012 Schedule

January

8	Sun.	at RIC	TBA
15	Sun.	at Ursinus w/W.Chester & Wilson	TBA
22	Sun.	Brockport	1:00 pm
28	Sat.	at Ithaca	TBA

February

5	Sun.	Suny Cortland	1:00 pm
11	Sat.	at Yale	TBA
18	Sat.	at SCSU	TBA
25	Sat.	at Centenary, LA	TBA

March

4	Sun.	West Chester	1:00 pm
10	Sat.	at ECAC Championships	TBA
23	Fri.	at NCGA Championships [^]	TBA
24	Sat.	at NCGA Championships [^]	TBA

[^] at SUNY Brockport
Home meets in **Bold**