



SPRINGFIELD COLLEGE ATHLETICS

Wrestling 2008-09



senior captain
Oscar Orellana

FAST FACTS:

- ▼ In the last twelve seasons, the Pride has dominated its conference (NEWA), winning nine championships.
- ▼ Head coach **Daryl Arroyo** enters his 19th season at Springfield College with an outstanding .650 winning percentage (265-141-6 overall dual meet record).
- ▼ Springfield College wrestling has produced 44 different All-Americans, who have received All-America honors a total of 66 times— including **Jeff Blatnick '79**, who went on to capture the gold medal in Greco-Roman wrestling at the 1984 Summer Olympic Games in Los Angeles.
- ▼ Affiliations: National Collegiate Athletic Conference (NCAA) Division III
- ▼ Conference: New England Wrestling Association (NEWA)
- ▼ Home Facility: Blake Arena, Field House

CONTACT INFORMATION:

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SPRINGFIELD COLLEGE

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Head Coach Daryl Arroyo

▼ Education

Springfield College '84
 California State University, Fullerton '88
 University of Connecticut '96

▼ Arroyo as a Springfield College student-athlete

- NCAA All-American, 118-lb. class
 Sixth place, NCAA Division II Championship, 1984
 - Springfield College wrestling captain, 1984

Former Springfield College All-American **Daryl Arroyo** enters his 19th season as the head wrestling coach at his alma mater in 2008-09. Under his tutelage, the Springfield College wrestling program has posted a 265-141-6 overall dual-meet record, good for an outstanding .650 winning percentage.

Arroyo has coached 27 NCAA All-Americans, 65 national qualifiers, 45 Scholar All-Americans, and 43 conference champions.

Arroyo earned his bachelor's degree in health fitness and was a Springfield College wrestling captain in 1984. A three-time national qualifier, Arroyo placed sixth in the 118-pound weight class at the 1984

NCAA Division II Championships and earned All-America honors.

Prior to joining the Springfield College staff, Arroyo was an assistant wrestling coach at California State Fullerton and Central Connecticut State University (CCSU). He received his master's degree from Fullerton in 1988 and his Ph.D. in sports psychology at the University of Connecticut in 1996.

Arroyo is a graduate of Jonathan Law High School in Milford, Conn., where he was the 1980 Connecticut state champion at 112 pounds.

Springfield College All-Americans

Name	Year	Weight	Finish	Name	Year	Weight	Finish
Division I				Pat Hughes '84	1983	134	7
Roger Leathers '34	1934	135	2	1984	134	2	
Edward Amerantes '57	1955	123	3	Daryl Arroyo '84	1984	118	6
Jeff Blatnick '79	1978	Hwt.	6	Pat Allen '84	1984	167	8
	1979	Hwt.	3	Tim Failing '90	1988	134	3
Division II				Shaun O'Hearn '90	1990	150	3
Joe Cera '66	1966	177	3	Gregg Muscarella '89	1989	142	7
Frank Peraino '67	1967	152	2	John Maute '91	1991	158	7
Bob Waligunda '67	1967	142	2	Jeff Butts '92	1991	167	7
Joe Prell '68	1968	130	6		1992	167	7
Cam Sinclair '70	1970	134	2	Sean Kiley '92	1992	142	5
Art Ziegler '70	1969	158	4	Dan Transue '95	1994	Hwt.	6
	1970	158	3	Division III			
Stan Sotherdon '72	1972	150	4	Pat Kelley '96	1996	Hwt.	3
Doug LeRoy '74	1973	167	4	Andy Goodwin '97	1996	142	3
Tim Smith '74	1974	Hwt.	6		1997	142	2
Nick Porillo '76	1975	167	6	Eric Gould '97	1996	118	7
	1976	158	3		1997	126	8
Rich Monroe '76	1973	150	6	Ryan Kalman '97	1997	158	6
	1974	150	6	Joe Gaboury '97	1998	275	5
	1975	150	5	Jim Balella '98	1998	126	2
	1976	150	6	Mike Gaydos '99	1998	190	6
Jay Mulligan '77	1977	177	4		1999	197	6
Jeff Blatnick '79	1977	Hwt.	2	Craig Vedrani '99	1999	157	6
	1978	Hwt.	1	John Roden '00	1999	174	4
	1979	Hwt.	1		2000	174	2
Mike Hawes '80	1979	118	7	Calvin Johnson '01	2002	125	4
	1980	118	2	Keith Poloskey '02	2000	141	3
Herb Alamed '82	1979	190	8		2002	141	5
	1980	190	8		2003	141	5
Joe Arrante '81	1981	126	6	Mike Gaeta '07	2004	141	5
Greg Georges '82	1982	142	7		2005	141	7
Craig Kosinski '83	1983	126	6		2006	141	5
	1984	126	7		2007	141	5
				Elliot Smith '08	2008	184	7



senior captain
Rob Mifsud

2007-08 Honors and Awards

NCAA Div. III All-American: Elliot Smith, Senior, 184 lb. ▼ **NEWA All-New England:** Elliot Smith, Senior, 184 lb.; Jake Tyler, Senior, 165 lb.; Chris DeBlock, Senior, 149 lb.; Chris Brown, Junior, Heavyweight; Greg Dussol, Senior, 197 lb.; Jamie Sgaglione, Senior, 141 lb. ▼ **National Wrestling Coaches Association DIII Scholar All-American:** Chris Brown, Junior; Oscar Orellana, Junior ▼ **Maroon Club Athlete of the Week:** *Dec. 3*-Rob Mifsud, Junior; *Jan. 14*-Anthony Scarpetti, Freshman; *Feb. 25*-Elliot Smith, Senior

2008-09 Roster

Name	Cl.	Weight	Hometown/Previous School
Jeremy Adickes	Jr.	141	Long Valley, N.J./West Morris Central
John Archambeau	So.	149	Ludlow, Mass./Ludlow
Dan Atkinson	So.	197	Foxboro, Mass./Xaverian Bros.
Jason Barriault	Fr.	165	Portland, Me./Dearing
Dean Brady	Fr.	165	Cranston, R.I./Canterbury
Chris Brown	Sr.	285	East Hartford, Conn./East Hartford
Dave Brown	Jr.	157	Marlborough, Conn./RHAM
Jareth Cardoso	Jr.	165	Wethersfield, Conn./Wethersfield
Blaze Chatham	So.	133	Walkill, N.Y./Newburgh Free Academy
James Chauncey	So.	125	Bloomfield, N.J./Bloomfield
Anthony Dalesandro	So.	184	Netcong, N.J./Lenape Valley
Tim Dark	Fr.	184	Manchester, Conn./Manchester
Greg Dussol	Sr.	184	Amston, Conn./RHAM
Steve Flathers	So.	149	Stratford, Conn./Stratford
Ron Fusco	So.	285	Billerica, Mass./Billerica
John Garbodi	Fr.	285	Ledyard, Conn./Ledyard
Eddie Giron	So.	141	Bethpage, N.Y./Plainedge
Gary Henningsen	Jr.	125	Chester, N.J./West Morris Mendham
Sean Jones	So.	149	East Haven, Conn./East Haven
Tyler LeBlanc	Sr.	157	East Hartford, Conn./East Hartford
Casey Leslie	So.	125	Middletown, Conn./Middletown
Ryan McGilvray	Fr.	141	Manalapan, N.J./Manalapan
Rob Mifsud	Sr.	157	Somers, N.Y./Somers
Nick Murphy	So.	197	Norwich, Conn./Norwich Free Academy
Jason Noonan	Sr.	197	Easton, Mass./Mansfield
Oscar Orellana	Sr.	149	Toms Rivers, N.J./Lakewood
Connor O'Rourke	Fr.	197	Brewster, N.Y./Brewster
Justin Parlow	Fr.	141	Derby, Conn./Derby
Chris Perry	Jr.	157	East Fishkill, N.Y./John Jay
Anthony Raccioppi	Fr.	125	Maywood, N.J./Hackensack
Daniel Rashkoff	So.	165	Lakeville, Conn./Eagle Hill
Tim Ressler	Sr.	149	Old Lyme, Conn./Old Lyme
Doug Rohner	Sr.	141	East Hartford, Conn./Manchester
Anthony Scarpetti	So.	174	Lititz, Pa./Ballston Spa
Bill Schady	Jr.	285	Cohoes, N.Y./Cohoes
Craig Schmitt	Fr.	197	Secaucus, N.J./Secaucus
Jesse Sgaglione	Fr.	125	Massapequa, N.Y./Plainedge
Kyle Smith	Fr.	285	Fort Plain, N.Y./Fort Plain
James Squires	Sr.	133	Melrose, Mass./Melrose
Victor Stanziale	So.	174	Bloomfield, N.J./St. Peter's Prep
Joe Sulkowski	Fr.	149	Howell, N.J./Howell
Brandon Sundwall	Jr.	174	Guilford, Conn./Guilford
Ken Takahashi	Fr.	285	Pleasantville, N.Y./Pleasantville
Ronald Thompson	Fr.	165	Westhill, Conn./Stamford
Guilliano Vilgrain	Fr.	285	Brockton, Mass./SE Regional
EJ Wasikowski	Fr.	197	Seymour, Conn./Seymour
Corey Wert	Jr.	133	Virginia Beach, Va./Tallwood
Ryan West	Jr.	157	New Britain, Conn./New Britain
Rich Wigglesworth	Fr.	285	Shelton, Conn./Shelton

The Program

Springfield College has one of the nation's most successful and respected wrestling programs, with an overall record of 901-405-35 since 1915 (.684 winning percentage).

In 2008, Springfield became only the fourth program in the nation to win 900 matches, joining Division I powers Iowa State, Oklahoma State, and Oregon State in this elite group.

The Pride has also won nine of the last eleven New England Wrestling Association (NEWA) Championships and has finished in the top-20 at the NCAA Division III Championships six of the last thirteen years, including five top-10 showings.

From 1915 to 1978, the College produced 153 individual New England champions and captured the New England team title 30 times, including a 20-year streak from 1951 to 1970. The New England Tournament ended in 1978, and Springfield College wrestlers began competing in the NCAA Division II Northeast Regional Tournament. The Pride had 25 individual regional champions and won three team titles. Beginning with the 1995-96 season, Springfield College became a Division III member of the NCAA.

Head Coach: Daryl Arroyo (19th season, Springfield '84)

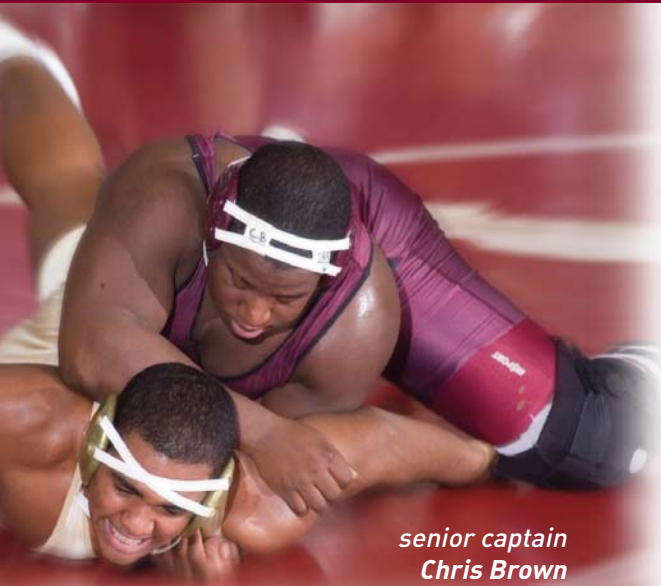
Assistant Coaches: Mark DeCiccio, Jay Holder, Phil McGeough, Mark Wang, Gene Zannetti

Captains: Chris Brown '09, Greg Dussol '09, Rob Mifsud '09, Oscar Orellana '09



Facilities

The wrestling team competes in Blake Arena, located on the main level of the Physical Education Complex. With seating capacity of 2,000, Blake Arena is also the home for basketball, volleyball, and gymnastic events. The 5,000-square foot Wrestling Room serves as the training facility to the wrestling team. Located in the Winston Paul Academic Center on the lower level of the Physical Education Complex, the Wrestling Room is one of the best facilities of its kind in the nation, with two full-size wrestling areas. It is also a teaching station for judo and other combative sports and related skills classes, and for relaxation courses.



*senior captain
Chris Brown*

2008-09 Preview

Earning its 900th victory a year ago has put the Springfield College grapplers in the same category as traditional wrestling powerhouses Oklahoma State, Iowa State, and Oregon State. Losing five All-New England performers to graduation is never an easy thing from which a team can rebound. However, anything is possible, given the tradition of the Springfield wrestling program.

Leading the charge for Springfield in 2008-09 will be a pair of returning All-New England honorees. **Greg Dussol** is a two-time All-NEWA wrestler at 197. He will drop down a weight to 184. **Chris Brown**, an All-NEWA honoree at heavyweight, will return to that position. In addition, **Rob Mifsud** (157 lbs.) and Oscar Orellana (149 lbs.), last year's team leader in wins, will provide excellent leadership. The above four will serve as senior captains.

Others to mention include juniors **Blaze Chatham** (133 lbs.) and **Anthony Scarpetti** (174 lbs.), who will look to grow upon the success they achieved last season.

2008-09 Schedule

NOVEMBER

8-9	Sat.-Sun.	at Ithaca Invitational	11/10 am
15	Sat.	at Binghamton Invitational	9:00 am
22	Sat.	Doug Parker Tournament	10:00 am

DECEMBER

5-6	Fri.-Sat.	Petrofes Invitational at Messiah	12 pm/9 am
10	Wed.	WPI	7:30 pm
28	Sun.	at Wilkes Open	9:00 am

JANUARY

9-10	Fri.-Sat.	Budd Whitehill Duals at Lycoming	9:00 am
18	Sun.	NEWA Duals at RWU	10:00 am
21	Wed.	at Williams	7:00 pm
28	Wed.	Norwich	7:00 pm
31	Sat.	at Wesleyan, w/RIC	1:00 pm

FEBRUARY

1	Sun.	at TCNJ	12:00 pm
4	Wed.	at AIC, w/WNEC, STCC	5:00 pm
8	Sun.	at Plymouth State, w/Trinity, JWU	12:00 pm
15	Sun.	NEWA JV Championships	11:00 am
21-22	Sat.-Sun.	NEWA Championships	10:30/9:30 am

MARCH

6-7	Fri.-Sat.	NCAA Div. III Championships at Coe College, Cedar Rapids, Iowa
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Home meets in **bold**

**Springfield College will host the 2009
New England Wrestling Association
Championships on February 21-22.**