



# SPRINGFIELD COLLEGE ATHLETICS

## Women's Gymnastics 2009

### FAST FACTS:

- ▼ The Pride won the National Collegiate Gymnastics Association (NCGA) Division III Championship in 1996, its first appearance in the event.
- ▼ Head coach **Cheryl Raymond**, who is entering her 30th year, is one of the top college coaches in the region, with a .564 winning percentage.
- ▼ In the last ten seasons, the Pride gymnasts have received All-American honors 15 times, four of them national champions.
- ▼ Springfield College's famous gymnastics exhibition show, the highlight of Homecoming Weekend, attracts more than 3,000 spectators each fall. The shows on Oct. 17 and 18, 2008 were the 99th annual.
- ▼ Affiliations: National Collegiate Gymnastics Association (NCGA), Eastern College Athletic Conference (ECAC)
- ▼ Home Court: Blake Arena

### CONTACT INFORMATION:

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*junior*  
*Jeanna Bradle*



## Head Coach Cheryl Raymond

### ▼ Education

Bethany College '74  
Springfield College G'82

### ▼ Meet Director

- NCAA Championships ('82, '84, '85)
- NCGA Championship ('00)
- *Co-Director* USGF National Collegiate Championships ('88, '92, '93) at Blake Arena
- ECAC Division II Championships ('88, '91, '95, '99, '04)
- *Co-Director* Northeast Regional Championships ('82)

### ▼ Memberships

- NACG Women's Technical Committee (current) and Executive Committee
- Division III NCAA Representative (six years)
- Division II Representative on the first NCAA Women's Gymnastics Committee (six years)
- Former Chairperson of the USA National Collegiate Gymnastics Rules Committee ('89-'96)
- Former Chairperson of the ECAC Women's Gymnastics Committee

**Cheryl Raymond**, who will be entering her 30th year as women's gymnastics coach and assistant professor of physical education at Springfield College in 2008-2009, is one of the top college coaches in the region.

In 2008, three of her gymnasts became Second Team All-Americans at the National Collegiate Gymnastics Association (NCGA) Division III National Championships at Cortland. They included **Jacqui Mazzola** and **Brittany Davis** in the vault, and **Jeanna Bradle** in the uneven parallel bars. Springfield had sent nine individuals to the NCGA's. As a team, the Pride finished fourth at the ECAC's, which it hosted.

In 2007, three Pride gymnasts earned All-American honors at the NCGA's. One, sophomore **Audrey Lastra**, earned three All-American honors, and set the school record for the all-around (38.25). The team won six straight meets in the middle of the season, finished with an 8-2 record, and placed fourth at the ECAC Division III Championships.

During the 2006 season, Springfield posted wins against MIT, SUNY Cortland and Brockport. The Pride finished fifth at the ECAC Division III Championships and qualified five gymnasts to compete at the NCGA's.

During the 2005 season, the Pride recorded wins against MIT and Brockport. The Pride finished fifth at the ECAC Division III Championships, and qualified five gymnasts to compete at the NCGA's.

The 2004 campaign included a thrilling season-opening victory over Division I Yale, and wins over top D-III programs in Wisconsin-Oshkosh, Cortland, and Ithaca. The Pride's 8-10 overall mark was somewhat deceiving as four of the losses were to D-I or D-II programs.

In 2002, the Pride capped a strong season by finishing sixth at the NCGA's. Springfield, which hosted the 2000 national championship, also placed first in 1996, third in 1997 and 2000, fifth in 1998, and sixth in 1999.

Springfield captured the ECAC crown in 1999. The Pride also won the ECAC title in 1993, and finished eighth at the 1992 USGF National Collegiate Championship and sixth in 1993. In 1982, Raymond's squad captured the NCAA Regional Tournament crown and placed fifth at the NCAA Division II Championship.

In 1991 Raymond was honored as an original member of the NCAA Women's Gymnastics Committee at the organization's Tenth Anniversary of Women's Athletics banquet. She is also the former chairperson of the ECAC Women's Gymnastics Committee.

Raymond is co-director of Springfield College's popular gymnastics exhibition, which annually attracts more than 3,000 spectators during Homecoming and Alumni Weekend.

## School Records

**Vaulting:** *Score*-9.70, Lisa Riedman (1997) ▼ **Uneven Bars:** *Score*-9.65, Meg Geddes (1993) ▼ **Balance Beam:** *Score*-9.75, Sarah Dyer (1996) ▼ **Floor Exercise:** *Score*-9.825, Shanna Larocque (2001) ▼ **All-Around:** *Score*-38.250, Audrey Lastra (2007) ▼ **Team:** *Score*-186.650, vs. MIT w/ So. Conn. (2004)

## National Champions/Olympian

**Patti Corrigan** (uneven bars, vaulting), 1971 ▼ **Tara Brady** (vaulting), 1992 ▼ **Sarah Bryson** (floor), 1996 ▼ **Kim Golz** (bars), 1996 ▼ **Shanna Larocque** (vault), 1999 ▼ **Gina Gutierrez** (vault), 2000 ▼ **Kathy Corrigan**, 1964 Olympian

## National Championships

**AIAW National Champions:** 1969, 1970 ▼ **NCGA Division III National Champions:** 1996

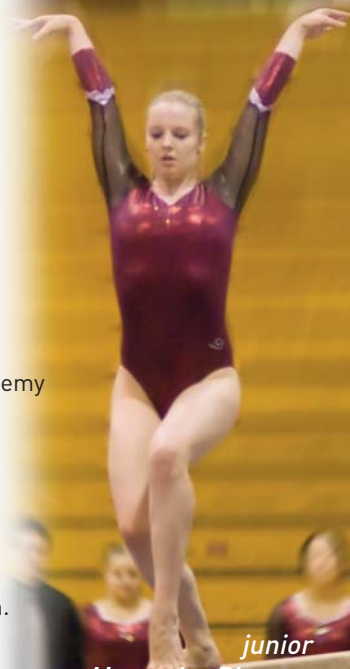
# All Americans

**Patti Corrigan:** 1969-AA, FX, BB, UB, V; 1970-AA, BB, UB, V; 1971-AA, UB, V ▼ **Judi Markell:** 1969-BB; 1971-FX; 1972-BB ▼ **Lucy Miller:** 1970-BB; 1971-AA ▼ **Kate Rafferty:** 1971-BB, UB; 1972-BB ▼ **Bonnie Corrigan:** 1972-UB ▼ **Debbie Dunkley:** 1972-BB, FX, UB; 1973-BB, FX, UB; 1975-BB ▼ **Katherine Kolemäinen:** 1973-BB; 1974-V ▼ **Stephanie Jones:** 1975-UB ▼ **Carla Everback:** 1978-BB ▼ **Linda Thompson:** 1978-FX ▼ **Lori Tranghese:** 1978-AA, FX ▼ **Tara Brady:** 1992-V, BB; 1993-FX ▼ **Leslie Bush:** 1992-BB; 1993-FX ▼ **Kristen Coates:** 1993-FX ▼ **Meg Geddes:** 1993-UB ▼ **Sarah Bryson:** 1996-FX, UB ▼ **Tammy Cutrumbes:** 1996-Floor ▼ **Kim Golz:** 1996-UB ▼ **Jen White:** 1996-UB; 1997-UB ▼ **Cathy Thompson:** 1998-UB ▼ **Shanna Larocque:** 1999-AA, FX, V; 2000-FX, UB; 2001-FX ▼ **Gina Gutierrez:** 2000-V; 2002-V ▼ **Lisa Barrett:** 2000-UB ▼ **Audrey Lastra:** 2007-AA, BB, UB ▼ **Jacqui Mazzola:** 2007-V ▼ **Kristen Fairburn:** 2007-UB

## 2009 Roster

Name	Cl.	Event(s)	Hometown/Club
Penelope Bohunko	Sr.	V, BB, FX	Wilkes Barre, Pa./Northeast Gym.
Jeanna Bradle	Jr.	AA	New Milford, Conn./CATS
Amanda Campbell	So.	BB, FX	Manchester, N.H./Goffstown YMCA
Ericca Castagna	Jr.	V, UB, FX	Topsfield, Mass./Yellow Jackets
Cora Chando	Fr.	BB, FX	Billerica, Mass./All Star
Brittany Davis	Jr.	AA	Shelby, N.C./Starlite Gym.
Kayleigh Davis	Jr.	AA	Whitefield, N.H./Gymnastics Village
Carly Flynn	Fr.	AA	Franklin, Mass./GTC-Holliston
Megan German	Fr.	AA	Spencer, Mass./Giguere
Kristina Lantos	Fr.	BB, FX	Norton, Mass./Rising Starz
Audrey Lastra	Jr.	AA	New Milford, Conn./Connecticut Gym. Academy
Jacqueline Mazzola	Sr.	V, BB, FX	Framingham, Mass./GTC-Holliston
Ashley Moreck	So.	V, BB, UB	Berlin, Md./Delmarva Gym. Academy
Christina Pagella	So.	BB, FX	Westfield, Mass./Whip City Gym.
Alexandra Ploenes	Jr.	AA	Medina, Ohio/Westside Gym.
Marissa Rusin	So.	UB, BB, FX	Garwood, N.J./Surgents Elite Gym.
Lizzie Sartell	Jr.	BB, FX	Narragansett, R.I./Ocean State Gym.
Danielle Trota	So.	BB, UB	Litchfield, Conn./Waterbury Girl's Club
Jenna Williams	Sr.	V, UB	Townsend, Mass./Sterling Academy of Gym.

**Head Coach:** Cheryl Raymond (30th season, Bethany '74, Springfield G'82)  
**Assistant Coaches:** Jillian Silverman '07, J.J. Ferreira '08



*junior*  
**Alexandra Ploenes**

## 2008 Results

### JANUARY

13	<b>Brockport, Ithaca, UB</b> SCSU, Yale	4th/6 teams w/182.400
18	at UC Davis w/Seattle Pacific	4th/4 teams w/178.925
26	at RIC w/Brockport	2nd/3 teams w/183.675

### FEBRUARY

2	at Ithaca	W, 182.550-181.675
9	<b>RIC</b>	W, 181.675-165.325
17	<b>SUNY Cortland</b>	L, 185.575-186.525
24	<b>MIT</b>	W, 185.150-180.575

### MARCH

7	at Bridgeport	L, 181.650-188.725
15	<b>ECAC Division III Championships</b>	4th/8 teams w/185.875
28	NCGA Division III Championships (at SUNY Cortland)	No Team Scores
29	NCGA Division III Championships (at SUNY Cortland)	No Team Scores

Home meets in **bold**

## 2009 Schedule

### JANUARY

10	Sat. <b>Southern Conn</b>	1:00 pm
17	Sat. at Brockport w/ Ursinus	1:00 pm
24	Sat. <b>RIC/Southern Conn</b>	1:00 pm

### FEBRUARY

1	Sun. <b>Ithaca</b>	1:00 pm
8	Sun. at SUNY Cortland	1:00 pm
21	Sat. at MIT w/ Ithaca	1:00 pm
28	Sat. at Southern Conn w/Bridgeport	1:00 pm

### MARCH

7	Sat. at ECAC Championships	TBA
20	Fri. at NCGAs at Hamline College, St. Paul, Minn.	TBA
21	Sat. at NCGAs at Hamline College, St. Paul, Minn.	TBA

Home meets in **bold**



## Facilities

The women's gymnastics team competes in the 2,000-seat Blake Arena located in the Physical Education Complex. Gymnasts train in Kresge Gym, a fully equipped, top-notch facility. Team members practice and compete on the most up-to-date equipment, including an AAI Palmer Spring Floor, two AAIElite uneven bars, four AAIElite balance beams, two AALow beams, and a spring-loaded AAI vaulting table. Two above-ground free foam safety pits and a tumble trac are used for development of new skills on the uneven bars, floor, and vault.



*junior  
Kayleigh Davis*

## A Proud Tradition

The sport of gymnastics has a special, historical place at Springfield College. Springfield's program is very successful competitively and has a storied legacy as a host and pioneer.

Legendary coach **Diane Potter** started the program at Springfield in 1964. In nine of its first ten seasons of intercollegiate competition Springfield was undefeated, including six consecutive years from 1968 to 1974 under Coach **Mimi Murray**. Springfield College won AIAW national crowns in 1969, 1972, and 1973. Murray is still a member of the U.S. Gymnastics Federation Executive Board and was inducted into the Springfield College Athletics Hall of Fame in 1993.

One of Springfield's top gymnasts was Olympian **Kathy Corrigan Ekas**. In 1987, Corrigan was the first woman selected to the Springfield College Athletic Hall of Fame; in 1989, Potter became the second female honoree. All-American gymnasts **Judith Markell** (the former women's gymnastics coach at Penn State and the University of Florida) and **Patti Corrigan Dunne** were inducted into the Springfield College Athletic Hall of Fame in 1995 and 1997, respectively.

Coach **Cheryl Raymond** has enjoyed considerable regional and national success. Since 2000, Springfield College gymnasts have received All-America recognition ten times. In 2000, **Gina Gutierrez** earned the National Collegiate Gymnastics Association (NCGA) Division III vault championship, succeeding Springfield's **Shanna Larocque** who had earned the honor the year before.

After moving to Division III for the 1995-96 season, the Pride won the NCGA Championship in its first appearance in the event in 1996. The Pride became the first school east of Chicago to win the NCGA crown in the competition's 13-year history. Springfield also won the 1999 Eastern College Athletic Conference (ECAC) Championship.

Aside from producing some of the nation's finest female gymnasts, Springfield College has also given the sport outstanding coaches and officials and has been the site of numerous regional and national competitions, including the 2000 NCGA Division III National Championships.

Springfield's women's gymnastics offers student-athletes other unique opportunities to shine. The College's famous gymnastics exhibition takes place during Homecoming and Alumni Weekend in the fall. In addition to the 2002 gymnastics exhibition, the Pride gymnastics program took center stage during the Grand Opening Weekend of the Naismith Basketball Hall of Fame in September, performing tableaux for a special gathering of basketball legends and political and business leaders. Springfield also performed tableaux at the 2006 NCAA Division III Women's Basketball Championships at the Final Four banquet that took place in the Basketball Hall of Fame.

Team members practice in Kresge Gym, which features a Palmer spring floor system, a full supply of safety mats, and safety landing pits. There are five balance beams, a tumble trac, two sets of reflex uneven bars, and a vaulting table.